bestpractice Newsletter

Asthma Action Plan

Allergies and asthma often worsen during certain seasons of the year. With spring upon us, children suffering from allergy-induced Asthma may benefit from having an Asthma Plan.

The **Asthma Action Plan** module creates an individualised action plan illustrating which device the patient should use and when to use it. A black and white copy can be given to the patient at the consultation and a high quality, colour version is posted to the patient's address.

The Asthma Module represents the current guidelines for confirming the probability of asthma from an initial diagnosis of presenting symptoms. It also offers decision support for the control and treatment of childhood asthma using a stepwise approach.

Free to General Practice - Funded by Pharmac

Acne Management (including Isotretinoin)

Most teens will experience acne, ranging from mild to severe. For teens with severe acne it is more than just a medical problem. The **Acne Management** module starts with an initial assessment of the severity of Acne which leads onto appropriate advice and a range of suitable treatments. If all alternative treatments have failed, the Isotretinoin module steps through the recommenced actions and cautions for Isotretinoin prescribing.

Free to General Practice - Funded by Pharmac

Spring into Action

The **Healthy Children** module provides a dietary and physical activity assessment for children aged 2-18 years. From this assessment, recommendations on managing any concerns are made. Options such as Green prescriptions, referral to the Active Families programme and Patient Information are facilitated.

Available as a part of the Primary Care Suite of modules

Depression in Young People

Using appropriate resources and assessment tools, the **Depression in Young People** module provides management options reflecting a stepped care approach for this unique patient group. Red flags highlight the need for referral. Depression in Young People is activated for patients under the age of 18 years when the Depression module is opened.
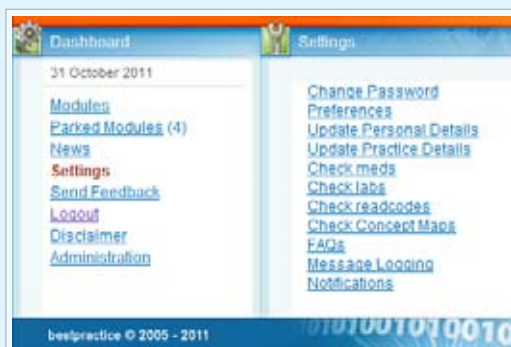
Free to General Practice - Funded by Ministry of Health

Tips & Tricks - Settings Menu

The **Settings menu** allows you to tune the way *bestpractice* works and edit information about yourself and your practice.

The menu (pictured below) can be found in the Dashboard area (at the top left) on the *bestpractice* front screen.

The options in the Settings menu are explained below:

Your *bestpractice* password can be changed by clicking **Settings → Change Password**.

Notify us of a change in your your personal details by clicking **Settings → Update Personal Details**.

Settings → Update Practice Details will notify us if practice details have changed.

Settings → Message Logging provides a record of all modules electronically transmitted through *bestpractice*. Filter by the patient activity, practice activity or all activity. The practice activity view is helpful when colleagues are on leave.

Check Meds/Labs/Readcodes and **Concept Maps**, when *bestpractice* isn't functioning as expected use these to check functionality.

Settings → Notifications, tracks progressive clinical referrals.

bestpractice Decision Support Contact Details

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Feedback

Please address any comments or queries about any aspect of *bestpractice* to **DSFeedback@bestpractice.org.nz**. Your comments are appreciated and help us to improve our service to you.

Usage Statistics - Top 10 Modules for October 2011

Total modules run (October 2011)

71,909

1. **Patient Prompt**
2. **CVD Quick Screen**
3. **CVD Management**
4. **e-Referral System**
5. **Diabetes Review**
6. **INR Monitoring**
7. **ACC 18 Form**
8. **Smoking Cessation**
9. **Kessler 10**
10. **Compr. Health Assessment**

Navigating the Main Menu

All bestpractice functionality, including access to all modules, is available from the Main Menu. Here is a quick introduction.

1 Displays your name. If it is not you logged in, click "Not you?". This takes you to the login page where you can log in as yourself. Usernames/passwords are issued by BPAC Inc.

2 This is the menu which can take you to other areas such as Send Feedback and News. This is how *bestpractice* informs you of new functionality etc. Click on the underlined link to view.

3 Modules can be saved to your Favourites to make activating them easier.

4 To put a form or module into your Favourites tick in the box. To remove un-tick the box.

5 You can open all to view a list of all modules, you can select from the list or save to Favourites.

Visit *bestpractice* online

For the richest source of information about all aspects of *bestpractice* Decision Support, visit the *bestpractice* website. There you will find:

- Information about what *bestpractice* is and how it can help you.
- Latest news about *bestpractice*.
- A list of currently available modules with descriptions of their functionality.
- Application screenshots.
- Frequently asked questions (FAQ) and tutorials.
- Podcasts (coming soon).

The website is constantly updated in order to reflect the ever changing face of *bestpractice* Decision Support. Stay up to date at:

www.bestpractice.net.nz